



## Weekend Retreat Packing List

### What To Bring:

- Dress for the season and remember that we spend lots of time both in and outdoors.
- T-shirts (shirts with negative messages, contain beer/alcohol or drug logos, or that show your midriff are not appropriate).  
**Ladies: We don't do spaghetti straps-** the classic "old navy type" tanks are fine, but make sure the straps cover undergarments.  
**Please no short-shorts** – when you hold your hands at your sides, the bottoms of your shorts must reach your fingertips or longer.
- Bathing Suits- **females need a modest tankini or one-piece for swimming with campers** – bikinis and men's Speedos are not allowed.
- Foot Wear- you will need to bring a pair of sneakers for Horseback Riding, archery or nature. Flip-flops are not permitted outside the pool area, so be sure to bring sneakers or sandals with a back strap (Chacos and Teva sandals are great). Being barefoot is only allowed at the pool and in the lodges 😊
- Toiletries- shampoo, soaps, and deodorant...whatever you need for a week (while keeping in mind that there is a Dollar General Market right at the end of our road).
- **Linens, pillows, and towels are provided by the camp for your use.** If you have a favorite pillow or blanket, feel free to bring it along.

### Optional Items:

- Flashlight/headlamp and batteries
- Earplugs! (a new place means new noises and you will have multiple roommates!)
- Theme outfits: If you feel so inclined, please bring clothes, props or accessories to go with the session theme (a list is provided in your acceptance packet).
- Musical instruments- If you play an instrument (guitar, sax, harmonica, the spoons, etc.), bring it along!
- Music - iPods and CDs (especially camp appropriate ones that we can play in the dining hall).
- Personal items: camera, alarm clock, travel mug (we'll provide the coffee), insect repellent, sun screen.
- Sunglasses, hats, and caps - weird, wacky, and funky ones!
- **Cell Phones** are allowed, but may not be in use while with children. Verizon gets spotty coverage, AT&T is good all over.
- **Laptops** are okay; but as with cell phones may not be used while with children. We have wireless internet on camp.

**Personal items are brought to camp at your own risk.  
Camp is not responsible for lost, stolen or damaged items.**

### Do Not Bring:

Weapons of any kind (guns, knives, personal bow and arrow or hunting equipment), alcohol or drugs, animals (this includes fish!) or personal sports equipment that will require special storage (basketballs and baseball gloves are ok, canoes and archery equipment are not). Personal sports equipment is not to be used with children!